

## Protac MyFit®

### - enhances body awareness and sense of calm

**Protac MyFit®** is a calming vest for children, adults and elderly individuals suffering from motor and psychological unrest. It is intended for everyday activities in stressful situations, for hyperactivity and anxiety. The weight and pressure from the snug vest make the user distinctly aware of his or her body. The enhanced body awareness that the vest creates increases concentration and has a calming effect.

#### Design and Size

Protac MyFit® is made of an elastic material for an overall snug fit. The vest is filled with plastic balls, distributed in channels on the front and back. The vest is fitted according to the users age, weight, chest size and need for sensory stimulation. Full benefit of the vest's sensory stimulation is best achieved when it is closely fitted to the body. Laces at the sides and back, give the option of tightening and extending it for the right fit. The laces are placed on the inner side for security reasons.

#### Ball Size - what's the difference?

Protac MyFit® with 25 mm balls provides a gentle sensory stimulation due to small balls and light weight. The Protac MyFit® with 38 mm balls provide a stronger sensory stimulation as the balls are heavier.

#### About Protac A/S

Protac is an innovative and socially responsible company, established in 1994. The founding idea of the company is based on theories of sensory integration. These theories focus on the different senses of the body and how these can be positively influenced. The products include plastic balls, which affect the tactile and proprioceptive senses through weight and deep touch pressure to improve body awareness and increase general well-being.



Item	Chest Circumference	Weight of Vest (kg)	Chest Circumference	Weight of Vest (kg)
	25mm Balls	25mm Balls	38 mm Balls	38 mm Balls
MyFit Child	56-61 cm	1.0	52-57 cm	1.5
MyFit Junior	62-69 cm	1.2	58-65 cm	2.0
MyFit XXS	70-77 cm	1.7	66-73 cm	2.5
MyFit XS	78-86 cm	2.0	74-82 cm	3.0
MyFit S	87-95 cm	2.5	83-91 cm	3.5
MyFit M/L	96-106 cm	3.0	92-102 cm	4.0
MyFit XL/2XL	107-115 cm	3.5	103-111 cm	4.5
MyFit 3XL/4XL	116-124 cm	4.0	112-120 cm	5.0
MyFit 5XL/6XL	125-140 cm	4.5	121-136 cm	5.5